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Searching for a new TV hobby?

Follow these simple steps to craft a crochet phone holder while catching up on Gogglebox.

You will need:

Cotton Aran yarn - Pink and White
4.5mm Crochet hook

Terminology Tips:

In this guide, we've used UK crochet terms, here's what they mean:

- **Double crochet** – insert hook into stitch from front to back, yarn around hook and pull the yarn through the stitch - you will then have two loops on the hook, yarn around hook again and pull through the two loops on the hook. You will then have one loop on the hook.

To celebrate the start of the new series of Gogglebox, sponsored by Three, we've created a guide to crochet your own phone holder.

Easy to follow on your phone keeping your eyes, ears and hands entertained, or 'sensertained', all at the same time, as you watch the latest episodes.

This how-to-guide will teach you how to create a 9cm x 16cm phone holder, with optional added strap. You will use the amigurumi method, working stitches continuously in a spiral without closing off each Round with a Slip Stitch – great for beginners.

Tension (the tightness of your crochet stitches) isn't vital but it's a good idea to keep it as tight as possible for this project to maintain shape.

Top tip: Use a stitch marker in the first stitch of each round and move it up as you work!

- **Chain** – you will have a loop on the hook already, yarn around hook and pull the yarn through the loop on your hook.
- **Round** – a circle of stitches (for the phone holder you'll need to create 32 rounds).
- **Slip Stitch** – used to join two stitches together as follows: insert hook through stitch from front to back. Yarn around hook, pull through both stitch and loop on the hook.

Starting Out:

Using your pink yarn and the tips above, make a chain of 15 stitches. This will be your foundation chain.



Round 1: Make one **double crochet** in second chain from the hook.



Make one **double crochet** in each of the next **12 chains**, and **three double crochets** in the last chain.



Rotate and work back along the foundation chain and make **one double crochet** in the first chain and each of the next **11 chains** and **two double crochet** in the last chain.

This is the same stitch that you made the first double crochet into right at the beginning.



Rounds 2-5: Create **one double crochet** in each stitch around. You will notice the sides begin to curl up. After three rounds turn the work inside out (this is now the right way round) and continue.

Round 6: Change to your white yarn and **one double crochet** in each stitch around. You are then creating the white band in your phone case.

Rounds 7-11: Use pink yarn and continue to make **one double crochet** in each stitch around.

Round 12: Repeat instructions for Round 6

Round 13-32: Repeat Rounds 7-12 three more times. You will now have your phone holder. Complete Round 32 to add the final white stripe at the top of the Case to fasten off your yarn.

Optional: Work **one slip stitch** in **each double crochet** around. This is not essential but will help shape the opening.

Optional: follow the next two steps if you want to add straps!



Join white yarn with a slip stitch into one corner of the opening and chain 140 stitches.

Join to the opposite side of the Case opening with a **double crochet**, ensuring there is no twist in the chain.

Turn and make **one double crochet** in each chain stitch and **slip stitch** back into the beginning of Round 32 to join. Fasten off and weave in the ends.



Credit: Phone Case with strap Designed by Emma Leith www.emmaleith.co.uk

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